



May 2018

Policy Statement

Portion Food Sizes

The Scottish Women's Institutes calls on all food and restaurant outlets to reduce the levels of obesity, by ensuring that portion sizes in food outlets and restaurants are reduced to a healthier level.

The Scottish Women's Institutes is the largest women only membership organisation representing some 16,000 members across the country. It was established as the Scottish Women's Rural Institutes in Longniddry, Scotland in 1917.

Linda Retson

National Chairman